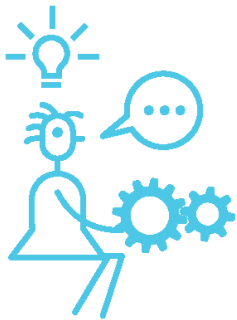




LEARN TO STUDY USING...

## Elaboration

EXPLAIN AND DESCRIBE IDEAS WITH DETAILS



### TRY IT NOW

Close the book and think about how what you just read connects to something you already know.

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# Learning Strategy 1 Elaboration

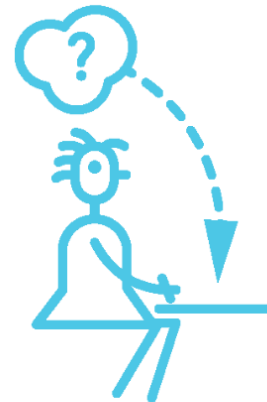
What might the 'Elaboration' strategy look like for you and the discipline or subjects you are studying?



LEARN TO STUDY USING...

## Retrieval Practice

PRACTICE BRINGING INFORMATION TO MIND



### TRY IT NOW

Close your book, and write down as much as you can from memory.

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# Learning Strategy 2 Retrieval Practice

What might the 'Retrieval Practice' strategy look like for you and the discipline or subjects you are studying?



LEARN TO STUDY USING...

## Concrete Examples

USE SPECIFIC EXAMPLES TO UNDERSTAND ABSTRACT IDEAS



### TRY IT NOW

Look around you: Can you find an example related to the idea you were just reading about?

# Learning Strategy Concrete Examples 3

What might the 'Concrete Examples' strategy look like for you and the discipline or subjects you are studying?



LEARN TO STUDY USING...

## Spaced Practice

SPACE OUT YOUR STUDYING OVER TIME

### 1 TESTING

### 2 SPACING

### 3 SKETCHING



### TRY IT NOW

Think of a topic you read about a few chapters back. What were the main ideas?

# Learning Strategy Spaced Practice 4

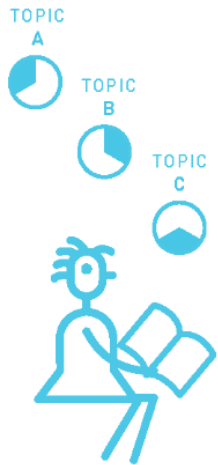
What might the 'Spaced Practice' strategy look like for you and the discipline or subjects you are studying?



LEARN TO STUDY USING...

## Interleaving

SWITCH BETWEEN IDEAS WHILE YOU STUDY



### TRY IT NOW

OK, you've read enough about this topic. Why don't you try to answer some questions about a different topic for a bit?

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# Learning Strategy 5 Interleaving

What might the 'Interleaving' strategy look like for you and the discipline or subjects you are studying?



LEARN TO STUDY USING...

## Dual Coding

COMBINE WORDS AND VISUALS



### TRY IT NOW

Now that you have read a bit, close the book and draw a visual that incorporates the main ideas.

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# Learning Strategy 6 Dual Coding

What might the 'Dual Coding' strategy look like for you and the discipline or subjects you are studying?



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